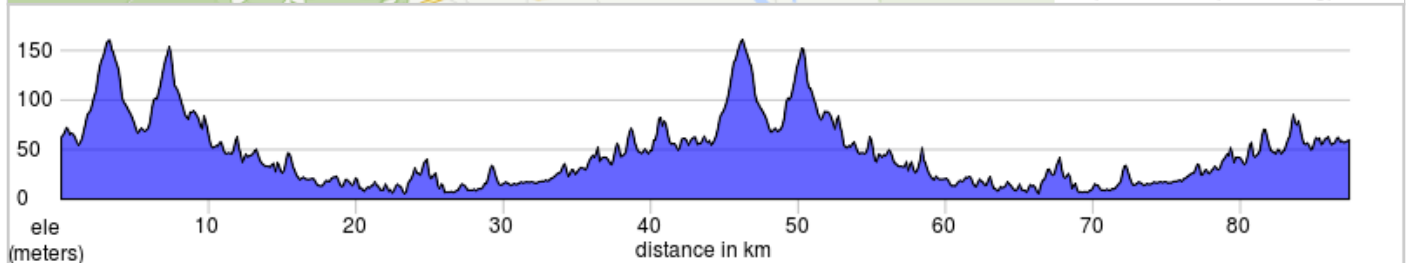
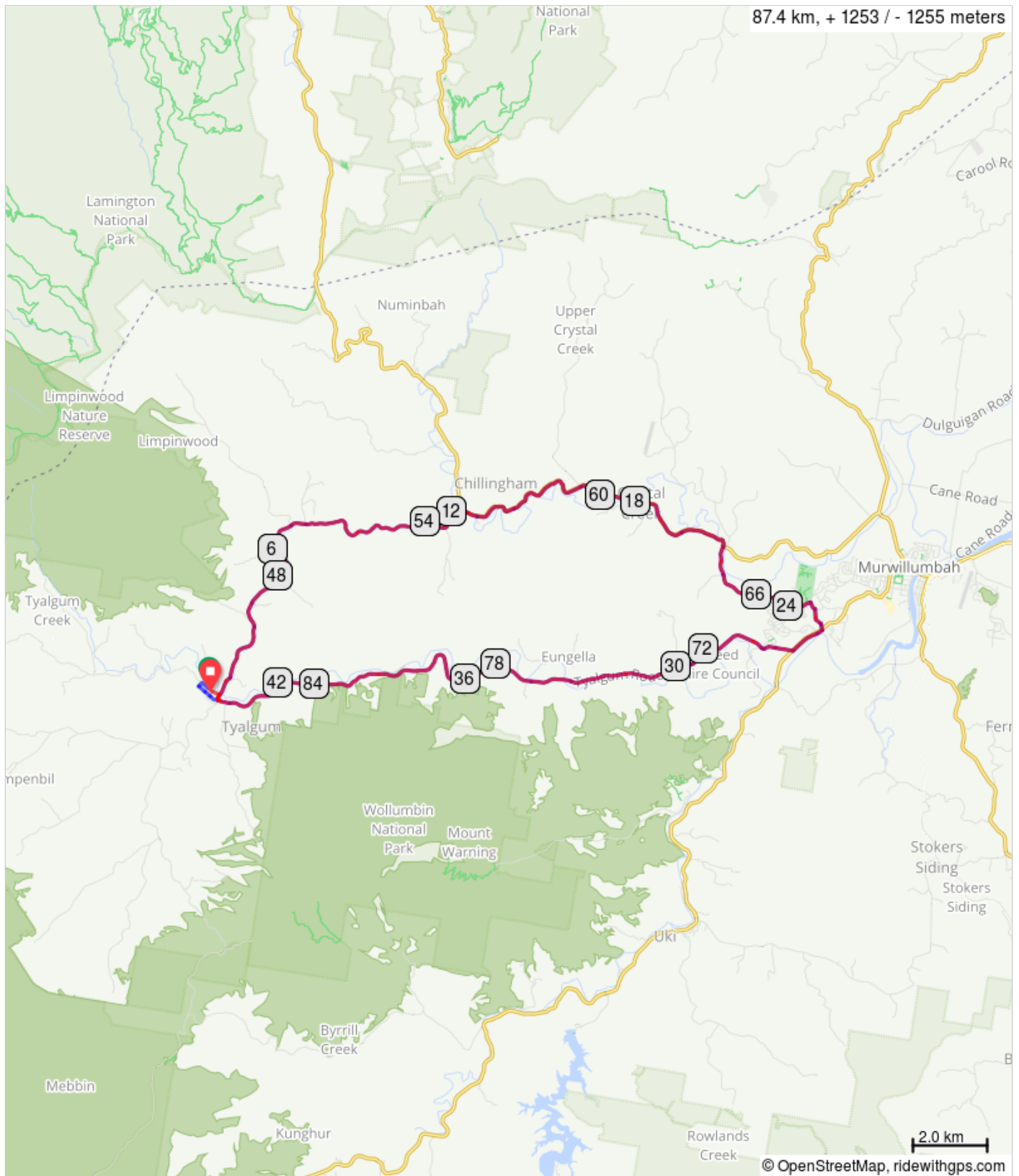


# 2018 BOTB NRS Women and Grades Friday's Course



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Num	Dist	Type	Note
1.	0.0	▶	Start of route
2.	0.2	←	L onto Carraboi Terrace
3.	0.3	←	L onto Wollumbin St
4.	1.0	←	L onto Coodgie St
5.	12.4	→	R onto Numinbah Rd
6.	21.0	→	R onto N Arm Rd
7.	23.6	↑	Enter the roundabout
8.	24.6	→	R onto Park Ave
9.	24.8	→	R to stay on Park Ave
10.	26.4	→	R onto Tyalgum Rd
11.	43.8	↑	Continue onto E.J. Bartrim Bridge/Wollumbin St
12.	44.0	→	R onto Coodgie St
13.	44.1	↑	Continue onto Limpinwood Rd
14.	49.9	↑	Continue onto Zara Rd

49.9 kilometers. +783/-719 meters

Num	Dist	Type	Note
15.	55.4	→	R onto Numinbah Rd
16.	64.0	→	R onto N Arm Rd
17.	67.6	→	R onto Park Ave
18.	67.8	→	R to stay on Park Ave
19.	68.4	→	R onto Kyogle Rd
20.	69.4	→	R onto Tyalgum Rd
21.	86.7	↑	Continue onto E.J. Bartrim Bridge/Wollumbin St
22.	86.9	→	R onto Coodgie St
23.	87.1	←	L onto Coolman St
24.	87.4	◻	End of route

37.5 kilometers. +374/-356 meters